

Name:\_\_\_\_\_

**Year 7 & 8 Camp**  
**Booklet- example only**  
**MiCamp**

Mission Bay, Lake Taupo  
25th – 27<sup>th</sup> March, 2020

\*\*\*\*Note: this will go into your portfolios after camp\*\*\*\*



Mission Bay, Lake Taupo

## **Camp Rules**

### General Camp Rules

- (1) The biggest rule is to have fun on camp and challenge yourself so that you can grow in God.
- (2) You will be shown the boundaries of the MiCamp when you arrive. No going out of bounds. All adjoining land is private property.
- (3) If you hear the fire alarm, meet immediately at the assembly point (you will be shown this during orientation).
- (4) Respect all property. No graffiti. You will be asked to meet the costs of any damages.
- (5) No going near any of the ropes equipment or zip line, unaccompanied by an instructor.
- (6) The lake will only be used at specified times and you must be accompanied by an adult.
- (7) Staff quarters are totally out of bounds.

### Bunkroom Rules

- (1) 'Lights-out' means quite simply - head on pillow, shut-eyes and shush!
- (2) No girls in guys' bunkrooms and vice versa - whatsoever.
- (3) It is your responsibility to keep your bunkroom tidy. The main cleaning time will be straight after breakfast and a prize awarded for best male and best female bunkroom.
- (4) Sweep your bunkroom at least once a day.
- (5) Keep your gear together. It should be folded and stacked neatly in your suitcase.
- (6) Don't leave wet togs or towels in your bunkroom. Take them to the clothesline or drying room.
- (7) Your bedding should be left tidy with sleeping bag flat and pillow straight.
- (8) Be considerate to others in your bunkroom.
- (9) No jumping on or off bunks.
- (10) Your bunkroom will be checked at least twice a day.

### Personal Hygiene

- (1) Take special care with personal hygiene, as so many are living close together.
- (2) Everyone will wash their hands before meals and after using the toilet.
- (3) Everyone will shower at least once a day, even if you have been in the water at some time during the day!
- (4) Clean your teeth morning and night.
- (5) Change your clothes (especially socks and underwear) regularly. Nobody will wear to bed what has been worn during the day.

### Mealtimes

- (1) Sit at your tables and wait quietly
- (2) Tables will be called separately to get their meals.
- (3) Remember your manners to both those in the kitchen and others at your table.
- (4) When you have finished your meal, wait until you are told to go, don't just leave!
- (5) Check the table and floor area around you for scraps.
- (6) Stack plates and cutlery properly.

### Washing, Footwear and Lost Property

- (1) Wet gear should be put out either on the clothesline, or in the drying room. It is your responsibility to collect it.
- (2) Dirty footwear should be kept tidy outside the bunkrooms.
- (3) Take responsibility for your own gear - all of which should be named.

**Final words: School Camp should be one of the main highlights of the school year. Mrs Rose, Mrs Marx, Mr Sextus and Mr Papworth will have little patience with anybody trying to wreck the camp experience for other people!**

**Agreement: I \_\_\_\_\_ hereby agree to ALL of the above rules, Signed \_\_\_\_\_**



## Gear List for Camp to MiCamp 2018

Gear: Try to get most gear packed into **one large bag**, including your sleeping bag / pillow. What we want to avoid is children bringing gear stuffed into supermarket plastic bags—or having shoes etc tied onto the outside of bags!!!! Please **name all gear**. Children will take responsibility for their own gear at camp. As the main focus of the camp is adventure, it is highly likely that gear may get very dirty, wet or wrecked. I strongly suggest that good clothing is left at home and children bring mainly old stuff!



### Tick off the items as you put them in your bag!!

#### Toilet Bag

- ☐ Toothbrush and toothpaste
- ☐ Soap
- ☐ Face cloth
- ☐ Deodorant
- ☐ Shampoo (small)
- ☐ Brush / comb
- ☐ Two towels
- ☐ Sunblock
- ☐ Other personal items as needed

#### Footwear

- ☐ Sneakers
- ☐ Sandals or jandals for casual wear during free time only.

#### Clothing

- ☐ Underwear
- ☐ Pyjamas
- ☐ Socks - 3 pairs. At least 1 woollen pair
- ☐ T-shirts- (total of 4 to 5)
- ☐ Shorts - (3 pairs)
- ☐ Sweatshirts / Polar-fleece top (total of 2)
- ☐ 1 warm woollen jerseys and / or thick polar-fleece jackets
- ☐ Track-pants / pants - at least 2
- ☐ Woollen or polar-fleece hat
- ☐ Sun hat
- ☐ **Waterproof raincoat ( A wind or shower-proof jacket is NOT suitable)**
- ☐ Togs + tog or plastic bag to put them in

#### Bedding

- ☐ Warm sleeping bag
- ☐ Blanket if necessary
- ☐ Small pillow and pillow case

#### Miscellaneous

- ☐ 5 supermarket type bags (2 to be used for dirty/wet clothing)
- ☐ **An ice cream container per child full of home baking e.g. slice or biscuits (to be handed in on Monday at school)**
- ☐ Torch with new batteries
- ☐ Pencil-case and camp book
- ☐ Board game and / or pack of cards
- ☐ 4x clothes pegs for hanging wet stuff on the line.

#### Optional

- ☐ Camera
- ☐ Watch
- ☐ Personal medicines
- ☐ Gloves
- ☐ Slippers
- ☐ A small bag of lollies

#### Wednesday Lunch

- ☐ Children will need to bring a packed lunch and a drink from home - both in reusable, named, leak-proof containers!
- ☐ Sun hat + warm jersey
- ☐ Camp book and pencil case

**Don't bring : cell phones, MP3 players, electronic games, too many lollies, chewing gum, money, pocket knives, jewellery**

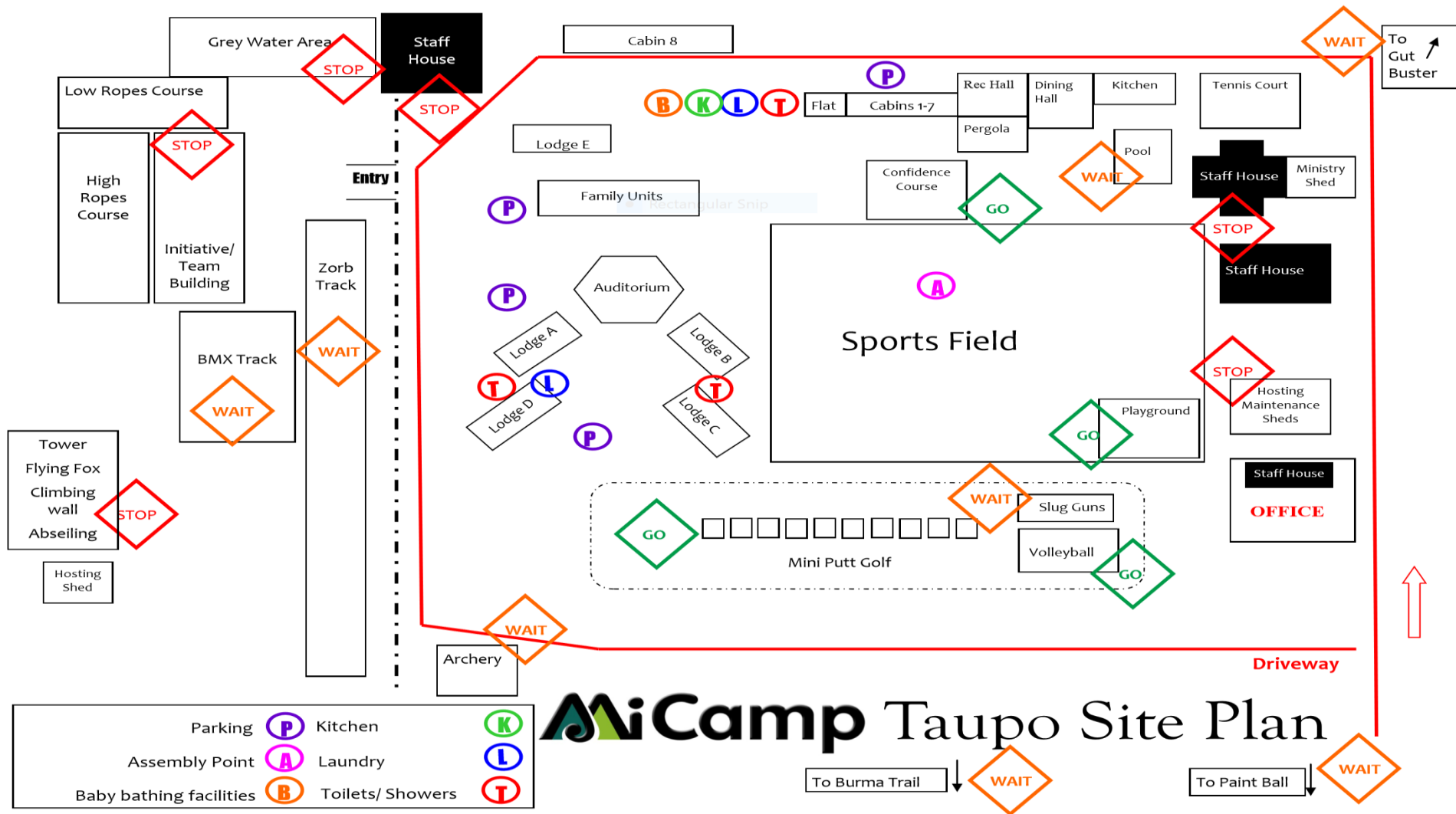
## **My Camp Goals Page**

### Camp Rotation schedule- example only

Wednesday 4 <sup>th</sup>		Thursday 5 <sup>th</sup>		Friday 6 <sup>th</sup>	
(Event)	(Time)	(Event)	(Time)	(Event)	(Time)
		<b>Breakfast</b>	<b>8:00</b>	<b>Breakfast</b>	<b>8:00</b>
		Rotation 3	9.00-10.30	Top Team	9.30 – 11.00
		<b>M/Tea</b>	<b>10:30</b>		
<b>ARRIVE</b>	<b>12.00</b>				
<b>Welcome</b>		Rotation 4	11.00-12.30	<b>Depart</b>	<b>11.30</b>
Parent Briefing	1.00-2.00	<b>Lunch</b>	<b>12:30</b>		
Rotation 1	2.00-3.30	Rotation 5	1.30-3.00		
<b>A/Tea</b>	<b>3:30</b>	<b>A/Tea</b>	<b>3:00</b>		
Rotation 2	4.00-5.30				
<b>Dinner</b>	<b>5:30</b>	<b>Dinner</b>	<b>5:30</b>		
Quality Living	7.00	Burma Trail	8.00		
<b>Supper</b>		<b>Supper</b>			

Wednesday											
Rotation	Time	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	Group 8	Group 9	Group 10
Parent Training 1.00-2.00											
1	2.00-3.30	Archery/Slug Guns	Archery/Slug Guns	Kayaking/ Raft Building	Kayaking/ Raft Building	Bush Craft / Shelter Building	Bush Craft / Shelter Building	Rock Climbing/ Challenge Ropes	Rock Climbing/ Challenge Ropes	Low Ropes/ Initiatives	Low Ropes/ Initiatives
Afternoon tea 3.30 - 4pm											
2	4.00-5.30	Low Ropes/ Initiatives	Low Ropes/ Initiatives	Archery/Slug Guns	Archery/Slug Guns	Kayaking/ Raft Building	Kayaking/ Raft Building	Bush Craft / Shelter Building	Bush Craft / Shelter Building	Rock Climbing/ Challenge Ropes	Rock Climbing/ Challenge Ropes
Dinner 5.30pm											

Thursday											
Rotation	Time	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	Group 8	Group 9	Group 10
Breakfast 8am											
3	9.00-10.30	Rock Climbing/ Challenge Ropes	Rock Climbing/ Challenge Ropes	Low Ropes/ Initiatives	Low Ropes/ Initiatives	Archery/Slug Guns	Archery/Slug Guns	Kayaking/ Raft Building	Kayaking/ Raft Building	Bush Craft / Shelter Building	Bush Craft / Shelter Building
Morning tea 10:30 am											
4	11.00-12.30	Bush Craft / Shelter Building	Bush Craft / Shelter Building	Rock Climbing/ Challenge Ropes	Rock Climbing/ Challenge Ropes	Low Ropes/ Initiatives	Low Ropes/ Initiatives	Archery/Slug Guns	Archery/Slug Guns	Kayaking/ Raft Building	Kayaking/ Raft Building
Lunch 12.30 -1.30 pm											
5	1.30-3.00	Kayaking/ Raft Building	Kayaking/ Raft Building	Bush Craft / Shelter Building	Bush Craft / Shelter Building	Rock Climbing/ Challenge Ropes	Rock Climbing/ Challenge Ropes	Low Ropes/ Initiatives	Low Ropes/ Initiatives	Archery/Slug Guns	Archery/Slug Guns



## **Camp Programme- example only**

### **Wednesday**

8.00	Meet in L2 at school, take the roll & hand baking in
8.15	Get onto the buses
8.30	Depart from school
10.00	30 minute Toilet stop and morning tea at Taihape
12.00	Arrive at MiCamp, Taupo
12.05	Welcome from the camp staff
12.15	Put gear into cabins and get lunches out
12.45	Lunch together on the grass in front of the hall
1-2.00	Parent briefing for activities **Teachers to supervise games on the grass/ cabin set up time/ student preparation for activity rotation
2.00-3.30	Activity Rotation 1
3.30-4.00	Afternoon tea
4.00-5.30	Activity Rotation 2
5.30-6.30	Dinner
6.30-7.00	Games/free time
7.00-7.30	Quality Living Session with MiCamp leader
7.30-9.00	Team Challenges
9.00-9.15	Devotion with Mr/Mrs....
9.15	Supper
9.30	Bed
10.00	Lights out

### **Thursday**

7.30	Rise/shower/dress/tidy rooms
8.00	Breakfast
8.45	Devotions with Mr/Mrs....
9.00-10.30	Activity Rotation 3
10.30	Morning Tea
11.00-12.30	Activity Rotation 4
12.30	Lunch
1.30-3.00	Activity Rotation 5
3.00-3.30	Afternoon tea
3.30-5.00	Swimming down at the Lake/ Camp Games time
5.30-6.30	Dinner
6.30-7.30	Games/free time
7.30-8.00	Devotions with Mr/Mrs...
8.00-9.00	Burma Trail
9.00	Supper
9.30	Bed
10.00	Lights out



**Friday**

7.00	Rise/shower/dress/tidy rooms/pack
8.00	Breakfast and then finish tidying rooms and stacking all gear outside rooms
9.15	Devotions with Mr/Mrs....
9.30-11.00	Top Team Challenge
11.30	Get onto the buses and depart from MiCamp
1.00	30 minute Toilet stop and lunch at Taihape
3.00	Arrive back at school

**Cornerstone Activity/Duty Groups**

**Camp Nurse:**

**Camp Mum:**

Group One (5)	Group Two (7)	Group Three (5)	Group Four (10)	Group Five (10)
Group Six (10)	Group Seven (10)	Group Eight (5)	Group Nine (10)	Group Ten (5)

## **Cornerstone Duties**

*Kitchen Duties involve Setting tables, clearing tables, setting up for next meal and dishes*

<b>Wednesday</b>	
1. Dinner Kitchen Duties	Group Six
2. Recreation Hall	Group One
<b>Thursday</b>	
3. Breakfast Kitchen Duties	Group Nine
4. Lunch Kitchen Duties	Group Seven
5. Dinner Kitchen Duties	Group Five
6. Toilet Blocks Boys	Group Three
7. Toilet Blocks Girls	Group Two
8. Grounds: Picking up rubbish	Groups Four, Eight and Ten
9. Recreation Hall	Group Six
<b>Friday</b>	
10. Breakfast Kitchen Duties	Group Seven
11. Recreation Hall	Group Two
12. Cabins Final Clean	Girls: Group Nine; Boys: Group Four
13. Toilet Blocks Boys	Group Eight
14. Toilet Blocks Girls	Group Ten
15. Auditorium	Group One
16. Grounds: Picking up rubbish	Groups Three, Five and Six

**Each day: Cleaning rooms and bathrooms; picking up rubbish**

# Cornerstone Main Camp Cabin Groups

Cabin One /12	Cabin Two /12	Cabin Three /12																						
Cabin Four /12	Cabin Five /12	Cabin Six /12																						
Cabin Seven /12																								
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## Adult Accommodation

Flat- Male Teachers	Lodge A- Dads	Lodge B- Mums
Family Unit	Lodge E- Female Teachers	
Bus Driver		

## Transportation List

Transport	Passengers
Bus	
Cars	

## My Camp Diary

The weather today was...

The meals I had today were...

Brekkie-

Lunch-

Dinner-

The activities I did today were...

My duties included...

During recreation time I...

Things I enjoyed the most today were...

A difficulty I prayed about today was...

My best achievement today was...

The laugh of the day was...

Other comments...

Cartoon or illustration...

My Camp Diary

The weather today was...

The meals I had today were...

Brekkie-

Lunch-

Dinner-

The activities I did today were...

My duties included...

During recreation time I...

Things I enjoyed the most today were...

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